

Deanery Mentoring Development Programme

Information

This 4 day programme focuses on developing mentoring skills which can be used in a range of leadership, management and clinical situation. The NHSU evaluation report (2005) described the programme as providing 'a benchmark mentor development programme for the NHS' and over 1500 NHS participants have completed the programme. It has been run in the Oxford Deanery since 2004.

Course Dates For 2017

Tuesday 3rd & Wednesday 4th October 2017

Tuesday 14th & Wednesday 15th November 2017

Venue

Tuesday 3rd & Wednesday 4th October 2017 – Unipart Oxford, OX4 2PG

Tuesday 14th & Wednesday 15th November 2017 – Unipart Oxford, OX4 2PG

Price

£225.00 - Total for 4 Full Days

Participation in all four days of the programme is **mandatory**. If you fail to attend or cancel with less than 4 weeks' notice you/your organisation will be charged the full cost of your place which is £1050.

Faculty

Ms Julia Pokora & Dr June Smailes, joined by facilitators from Thames Valley and Wessex Deaneries

Programme Content

The programme works through three stages of mentoring, highlighting the skills that underpin effective practice. Feedback from experienced tutors and facilitators during skill practice sessions supports participants to develop their mentoring skills. Practical and professional issues arising from mentoring in the workplace are discussed and participants are encouraged to plan how they will take forward the skills back at work.

Teaching methodology

A mixture of taught inputs, demonstration by tutors, small group skills practice, group discussions, and pairs work. Participants spend a significant proportion of time practising skills. They work in trios with a facilitator, learning from the three roles of mentor, mentee, and observer. Participants bring real issues to discuss in the mentee role: there is no 'role playing'. Reflective practice is expected between days 2 and 3.

Coaching and Mentoring Consultants

Coaching and Mentoring Consultants have been a leading provider of Coaching and Mentoring training throughout the NHS for many years. They have designed and delivered high quality training and development in a wide range of NHS organisations, and clients have included Royal Colleges, Dental and Medical Deaneries, NHS Trusts and professional groups.

Programme aims

- To define what mentoring is
- To develop a working knowledge of a framework for mentoring: Egan's Skilled Helper model (2012)
- To practise and develop mentoring skills
- To consider how to use the model and skills appropriately at work

Teaching methodology

A mixture of taught inputs, demonstration by tutors, group exercises, pairs work and small group skills practice. Participants will spend a significant proportion of time practising skills. You will work in trios with colleagues and a facilitator: practising coaching and mentoring skills; being coached or mentored; and being an observer. When being coached or mentored you will be asked to talk about real, and current, issues or opportunities.

Expressions of Interest

If you are interested in this course and can attend **all** 4 days, send your expression of interest along with a brief summary of how you would benefit from the programme and use the mentoring skills to Laura Higgs via email Laura.Higgs@hee.nhs.uk by Monday 29th May 2017.