

# Level 7

# Strategic Approaches to Mental Health & Wellbeing Accreditation

PREVIOUS ATTENDEES  
HAVE SAID...

"The course has encouraged me to think outside the box and challenge the status quo. I feel empowered to challenge the ways of doing things and implement initiatives to improve the health and wellbeing of staff."

"It has helped me view things in a different way and how support can be implemented into my team."

"Wellbeing is now part of the conversation, featured in team meetings with a focus on ensuring we are providing the right level of support to staff."

Register your interest today:  
[HLOW\\_HWB@southernhealth.nhs.uk](mailto:HLOW_HWB@southernhealth.nhs.uk)

Teaching days:  
**16 Nov, 14 Dec, 18 Jan**

# Apply now for new training!

The Hampshire and IOW Integrated Care System has 50 places available for staff to access the Level 7 Strategic Approaches to Mental Health and Wellbeing qualification.

- Gain an internationally recognised qualification at post graduate level
- Enhanced employability and CPD options
- Help to sustain a positive culture of mental health and wellbeing within your workplace

The Level 7 qualification has been designed to enable leaders to evidence their understanding of the impact of mental health and wellbeing on organisational performance.

Leaders will critically assess the complexities of managing wellbeing and approaches for the creation of healthy work systems.

# Who can apply?

- Designed for practising or aspiring managers
- Ideally individuals will have the knowledge, skills and behaviours to drive business activities in a senior management and leadership role

# Requirements

To gain this qualification you must be able to:

- Attend 3 full days (18 hours) of classroom based guided learning
- Complete 52 informal learning hours taken as study leave
- Complete 2 written assessment tasks of approximately 2000 words each
- Be able to embed any learning in a practical way within your Trust
- Take part in evaluation by providing feedback on your experience



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# Next steps

If you are interested in this opportunity, please provide an expression of interest outlining:

- Your name, job title, name of organisation, name of line manager, work email address
- Why you should be considered for a place on the programme
- The skills you will bring
- How you intend to implement your learning within your Trust
- Confirmation that your manager has agreed to release you for a maximum of 3 day classroom sessions per year, plus 52 hours of informal study leave per year

**Expressions of interest to be submitted by 31 August  
to: [HIOW\\_HWB@southernhealth.nhs.uk](mailto:HIOW_HWB@southernhealth.nhs.uk)  
Selection Days: 26 & 27 September.**

